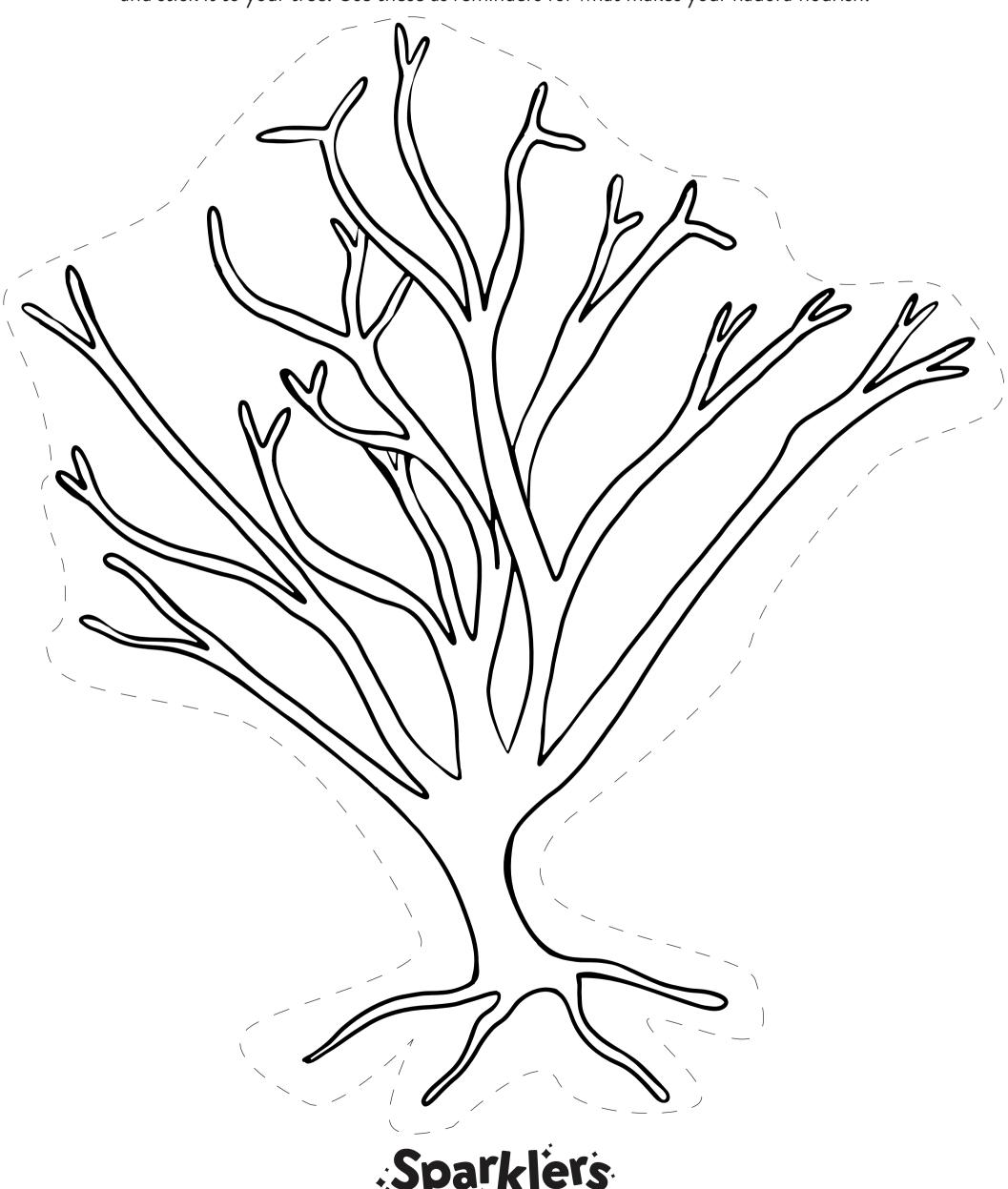
## Rākau Trunk

Colour in your rakau trunk, once you're done, cut it out carefully following the dotted lines.

When something boosts your hauora, write it down on a pohutukawa or rata putiputi (flower) and stick it to your tree. Use these as reminders for what makes your hauora flourish!



Sparklers