

MEKA RĀKAU

# Pānako

(Thread fern)

*Blechnum filiforme*



Sparklers

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# Characteristics

Pānako can refer to three different species of edible fern.

Thread fern can be found 'climbing' or wrapping around tree trunks.

Pānako have had many medicinal and ceremonial uses in te ao Māori, used to dress wounds of both people and trees.



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Juvenile pānako creeps along the ground before the fronds grow out and begin to climb up tree trunks.

**Do you love to swing and climb like pānako?**



**What can we learn from  
pānako?**

**How might we apply this in  
our classroom?**

