Hīnau (Whīnau)

Elaeocarpus dentatus





Characteristics

One of the taller trees of Aotearoa, hīnau have a whole bunch of practical and medicinal uses!

They bear beautiful white flowers and produce edible berries,

Its wide-spreading branches often support a bunch of other plants.



Hīnau are multi-talented. Not only do they have beautiful flowers and edible fruit, but also useful bark and strong wood.

The fruit can be ground up to make a kind of bread, and the bark is traditionally used in making dye.

Are you good at lots of things, like hīnau?



What can we learn from hīnau?

How might we apply this in our classroom?

