



Activity Thinking Prompts







For junior and senior

Ko wai au?

- Personality
- Hobbies
- Interests
- Culture
- Identity

Who am 1?

My supporters

- Whānau
- Friends
- Kaiako/mentors
- My Guardians

Who are the people you love and love you?

My special nature place

- Place you've been
- Your happy place
- Calming location
 or environment
 What is your favourite
 place in nature?



My strengths

- Natural abilities
- What comes
 naturally to you
- Your skills

What are your strengths?

Nature gives me

- Hauora boost
- Connection
- Kai/food
- Space to play
- Nourishment What does nature give to me?

Te taiao What does nature look like as a person?

