



Instructions:

Work in groups through the following situations using Te Whare Tapa Whā.

| Scenario | Which Te Whare Tapa Whā pou has been impacted? | How could you strengthen the pou by being an Upstander? | What impact could your upstanding action have? |
|---|--|---|--|
| <p>A girl at school commented that my friend’s new profile picture is ugly. Then she shared it across our friendship group with dumb comments. My friend has taken it down and have no profile picture now. Dunno if she’ll put one up again.</p> | | | |
| <p>This kid keeps going on and on about my cousin and saying really mean things about her. My cousin is disabled and I feel so mad about it but also really embarrassed.</p> | | | |
| <p>My classmates won’t let my friend join in four square at lunchtime.</p> | | | |

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|---|--|---|--|
| <p>A class bully puts my friend down whenever they can. My friend now hates school and pretends to be sick a lot.</p> | | | |
| <p>My older brother is often mean to my little sister, at home and at school. He gets into trouble for it, but only when he's caught and he still continues to bully her.</p> | | | |
| <p>There's a boy in my class who's a bit different to the others at school and he's often made fun of and left out of things.</p> | | | |
| <p>A kid in my class got super angry at lunchtime because someone made fun of her lunch. Now she's getting teased, people are saying things like "stand back, she'll lose it" when she walks past. I can tell it's really upsetting her, but it's pretty funny too.</p> | | | |