

My Musical Adventure

When we listen to music it can affect our mood and how we feel.

WHAT TO DO:

1. Listen to the music your teacher plays.
2. Write down how each song makes you feel.
E.g. Bouncy, calm, cheerful, cranky, dreamy, excited, gloomy, good, hopeful, joyful, lonely, mellow, moody, peaceful, relaxed, restless, sad, stressed, thoughtful, vibrant.

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